

Attachment Style Chart

Attachment Style	Behavior	Comment
Fearful Avoidant	Unpredictable, think someone is trying to deceive them. Always looking for your pattern	This behavior always looking for ways to manipulate you. Fear is the driving force
Anxious Pre-occupied	Very needy, insecure, fear of being abandoned, always questioning	This style have a need to hear I love you often, even though they are not sure if they can accept that you love them.
Dismissive Avoidant	Predictive behavior style, fear of commitment, no close relationships, they push people away.	This style motto is "I can do bad all by myself"